

Scottish Schools Adolescent Lifestyle and Substance Use Survey (SALSUS)

Pupil information sheet

You are being asked to take part in a research study being carried out with young people across Scotland. This sheet tells you more about the study and what it involves.



Why is this survey being done?

SALSUS is an important survey which has been running since 1982. The questions cover your health and lifestyle, including smoking, drinking and drug use. The results of the research will help provide information and advice for young people on smoking, drinking and drug use.



Why have I been chosen?

S2 and S4 classes across different parts of Scotland are being asked to take part by completing a questionnaire. By the end of the research, we will have answers from around 30,000 school pupils. You are being asked to take part because your school and your class were chosen at random to take part in the study.



What does taking part in the research involve?

If you decide to take part you will be asked to complete a questionnaire in class time. The questionnaire should take about 30 minutes to do.



Do I have to take part?

It is up to you to decide whether or not to take part. However, the questions cover things that are important to young people in Scotland today and we really want to know what you think. If you decide to take part you do not have to answer all of the questions if you do not want to and it is ok to stop answering the questions at any time without giving a reason.



Will anyone see my answers?

No one from your school will see your answers. You are not asked to put your name or the school's name on the questionnaire so no one will know who gave what answers. Once you have finished the questionnaire you put it in a sealed envelope so your teacher will not see it.

Only the research team at Ipsos MORI (the company doing the research) will see your answers to the questionnaire. They will put all the answers from all pupils together before they look at the results.

The research is being carried out in accordance with data protection guidelines at MRS Code of Conduct. The data privacy notice for this project is available at www.gov.scot/Topics/Research/by-topic/health-community-care/social-research/SALSUS

What happens if I decide not to take part?

If you decide you do not want to take part, you will do other work while your classmates complete their questionnaires.



Who do I speak to if I am still not sure whether I would like to participate?

If you have any more questions about the research, please speak to the teacher who gave you this sheet or you can contact Lucy Setterfield from the Ipsos MORI team at salsus2018@ipsos.com or 0131 226 8677.